

Whole Interval – Description, Procedures, & Example

If you are interested in knowing that the behavior continues without interruption you can measure the behavior by counting the number of intervals in which the behavior occurred throughout the entire interval. You should note that, in order to keep track of the time intervals, you will need some timing instrument such as a wall clock, wristwatch, or stopwatch.

Examples of behaviors that you can measure using Whole Interval include writing, reading, working on the given assignment,

Procedures

At the meeting:

- * Write down the behavior that you will be looking for and its definition
- * Write down how long you will be observing every time: Total Observation Time
- * Divide the total observation time into 10 same length intervals and write down the length of each interval
 - All intervals need to be the same length: Intervals can be from a few seconds long up to a few minutes long (less than 11 minutes)

Note: Total observation time and length of intervals need to be the same each time that you observe

- * If the team decides on an intervention (meetings 2 or 3), enter it in the box provided (p. 2)

After the meeting:

- * Enter the date of your observation
- * Make sure that you have your timing instrument available prior to beginning your observation
- * Keep an eye on your timing instrument to keep track of the intervals
- * **During each time interval:**
 - Look to see if the behavior occurs **throughout the entire interval**
 - If the behavior stops at any time, place an X for that interval
 - If, at the end of the interval the behavior is still occurring, place a checkmark (✓) for that interval
- * At the end of your observation time, total the number of checkmarks (**This is what you graph**)

Example

Behavior: On task behavior

Behavior Definition: Looking at the teacher while she is talking; talking to the teacher; or looking at assignment

Total Observation Time: 10 minutes

Length of each interval: 1 minute

Date	Interval #										Total times behavior occurred (✓)
	1	2	3	4	5	6	7	8	9	10	
11/5	X	✓	✓	✓	X	✓	X	✓	✓	X	6
✓ or X	X	✓	✓	✓	X	✓	X	✓	✓	X	6

Whole Interval Form

Student's Name: _____ Teacher: _____

Subject/Period: _____ Date(s): _____

Next meeting Date/Time/Place: _____

Procedures: For directions on how to fill out this form, please look at p. 1

* If you need more space, please make copies of this form

* Bring this information to the next meeting

Behavior (From 1st Meeting): _____

Behavior Definition (in specific, observable, measurable terms):

~~Total Observation Time: _____ Length of each interval: _____~~

Intervention (From 2nd or 3rd Meeting):

Date	Interval #										Total times behavior occurred (✓)
	1	2	3	4	5	6	7	8	9	10	
✓ or X											

Date	Interval #										Total times behavior occurred (✓)
	1	2	3	4	5	6	7	8	9	10	
✓ or X											

Date	Interval #										Total times behavior occurred (✓)
	1	2	3	4	5	6	7	8	9	10	
✓ or X											