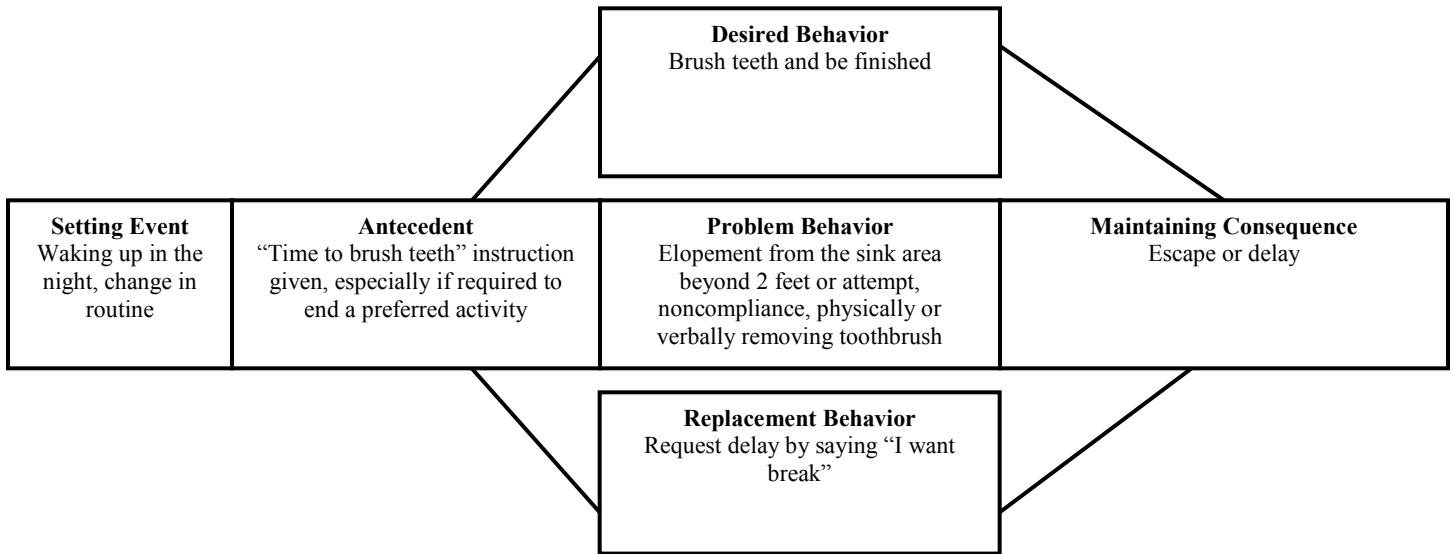


# Competing Behavior Diagram: Brushing Teeth Routine



Setting Event Interventions	Antecedent Interventions	Teaching Interventions	Consequence Interventions
<p>Have a consistent bedtime and wake time.</p> <p>Have a consistent bedtime routine each day, which includes brushing teeth earlier in the evening (i.e., not right before bed, but before movie time).</p>	<p>Remove stool from bathroom so it is not in front of the sink.</p> <p>Have the toothbrush in the bathroom before giving the instruction.</p> <p>Allow her to use the toothbrush she uses.</p> <p>Engage in brushing teeth in between activities she is engaged in.</p> <p>Read the social script to Annie and discuss the expectations.</p> <p>Set the visual timer.</p> <p>Close the bathroom door once she enters.</p> <p>Point to the steps on the schedule when she is to complete them.</p> <p>Count to 10 while brushing her teeth.</p>	<p>Prompt Annie to say, "I want break" as soon as she removes the toothbrush from her mouth.</p> <p>Talk with Annie about brushing teeth at other times and the benefits.</p>	<p>If Annie says, "I want break" she is given 5 seconds without having to brush her teeth.</p> <p>Praise Annie for brushing her teeth.</p> <p>If she engages in challenging behavior, do not let her escape totally and redirect her back to brushing her teeth.</p> <p>Annie gets a hug from mom when she is done.</p> <p>Annie gets to pick a prize out of the treasure bag (i.e., small toy) if she finishes brushing her teeth and there is still red on the visual timer (i.e., time has not expired).</p>

Adapted from O'Neill, R. E., Horner, R. H., Albin, R. W., Sprague, J. R., Storey, K., & Newton, J. S. (1997). Functional assessment and program development for problem behavior.